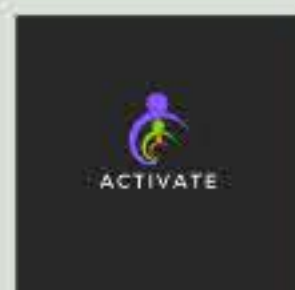


BENEFITS OF THE SPIDER'S WEB DYNAMIC



1

Self-esteem

Improves participants' self-esteem by receiving positive feedback about themselves.



2

Self-knowledge

Increases self-awareness by receiving a comment the person may not have known about him/herself.



Focus on the positive things

3

It helps to look at life with a positive mentality, seeing the positive things about people!



4.

Giving and receiving compliments

Many people are embarrassed to receive compliments, or don't know how to express them when they want to give them, so it's a good social skills training!



5

Communication skills

Verbal and non-verbal communication, public speaking, expression of ideas, etc. are applied.

6

Group cohesion

It helps to improve and strengthen the bonds between the participants, to appreciate each other more and to improve the feeling of belonging.



7.

Working environment

All this makes for a much more enriching and productive working environment!!

POSITIVE
VIBES